Primary School Lunches

Lunchtimes are an important social focus of the day and good table manners are encouraged alongside healthy eating. Meals are cooked on site by our chef, and carefully planned to provide a balanced, healthy diet. We are able to cater for pupils with allergies, religious or other special dietary requirements and our chef is happy to work with parents to provide an appropriate menu for those children with specific needs.

At Ashley Park Primary we rotate our lunches over a three-week period. At the beginning of term students make their choices from a hot menu or baguettes. We also have fresh fruit and a salad bar available daily.

Ashley Park Primary School follows the recommendations of the School Food Plan – an agreed plan originally published by the Department for Education in July 2013 that has the support of the Secretary of State for Education. The plan aims to significantly increase the number of children eating good food in schools, to determine the role of growing, cooking and eating proper food in schools and to improve children's academic performance and the health of the nation.

Packed Lunches

We are happy for your student to bring in a packed lunch if they prefer. The NHS Change4Life website has some great ideas for inspiration for a healthy packed lunch.

https://www.nhs.uk/change4life/recipes/healthier-lunchboxes

The school will provide storage for packed lunches in the most convenient place for each class. We cannot provide cooled storage areas and therefore cannot take responsibility for foods prepared at home and then brought into school. We are also unable to heat any food brought from home.

All uneaten food and waste will be kept in your child's lunchbox and returned home so that parents are able to monitor their child's food consumption

Nut free school

Ashley Park Primary is a nut free school. Please check that the food in your child's packed lunch does not include nuts, traces of nuts or are made in an environment that cannot be guaranteed to be nut free.

Please note that the following items must not be included as part of your child's packed lunch:

Products that contain nuts, traces of nuts or are made in an environment that cannot be guaranteed to be nut free must not be brought into school. This includes nut sandwich spreads such as peanut butter and Nutella, and nut-based snack and protein bars. Please check all ingredients before sending anything in with your child.

Ashley Park School

2026 - 2027

Weekly Lunch Menu 1

Monday


Lasagne Meat/Vegetable

Garlic Bread

Pancakes with

Greek Yogurt,

Honey &

Berries

Tuesday


Honey Chicken with

Rice and

Broccoli

Carrot cake

Wednesday


Chicken Tenders

Potato Wedges

Sweetcorn

Shortbread

Thursday


Quiche Salad

Cookies

Friday


Fish Finger Tacos Salad

Chocolate & Beetroot Cake

Ashley Park School

2026 - 2027

Weekly Lunch Menu 2

Monday

Vegetable Macaroni Cheese

Peas

Pancakes with Greek Yogurt, Honey & Berries

Tuesday

BBQ Chicken, Rice, Fresh carrot

Carrot cake

Wednesday

Salmon Fishcakes, Chips, Peas

Shortbread

Thursday

Omelette - Ham & Cheese / Cheese & Vegetable

Cookie

Friday

Burger Salad

Chocolate & Beetroot Cake

Ashley Park School

2026 - 2027

Weekly Lunch Menu 3

Monday

Pasta - Cheese / Tomato Sauce

Garlic Bread

Pancakes with Greek Yogurt, Honey & Berries

Tuesday

Chilli – Beef /Mixed Bean

Rice

Nachos

Carrot Cake

Wednesday

Chicken/Vegetable Nuggets

Sweet Potato Chips

Shortbread

Thursday

Pizza – Cheese & Tomato

Salad

Cookie

Friday

Sausage in a Bun

Salad

Chocolate & Beetroot Cake